

# Preparation of Family Tree

*(Please do not write on the explanation pages. All writing should be done on the actual family tree page.)*

A family tree is used to diagram family history so you can see at a glance where problems are in each generation. Begin at the bottom of the family tree; fill in your name and your spouse's name, and any problems you have (if divorced, insert your previous spouse's name, too). Do the same with your children, your parents and your brothers and sisters. Continue in this way up the family tree, as far as you can remember, indicating any patterns or problem areas in your family line. Some problems come down vertically, as from grandfather to father, some horizontally, from aunt to aunt, or cousin to cousin. Some of the problems are obvious, others are known only to God. Don't worry about what you do not know. Jesus will reveal what you need to know, and what He reveals He will bring into healing.

Great traumas may be healed through generational healing prayer without your knowing their exact cause. However, if you find that your family's problems are not completely resolved after one Holy Communion or healing prayer session, continue to intercede for them. In some cases, it may be necessary for prayer for the Healing of Generations to be repeated several times for family bloodlines. The following instructions provide some ideas to help prepare your family tree.

To construct your family tree, go back at least four generations, even if you do not know all names. If possible, check with parents, grandparents and other relatives to get more details or clearer information. Simply write on the family tree every issue that you would like to bring to the Lord. If you were adopted you may have only a minimal amount of information regarding your biological family. In that case, include whatever information you have as to your biological family, as well as any pertaining to your adopted family. If you were adopted and are unaware of your biological family, simply include all the information pertaining to your adopted family.

Once you have finished constructing the family tree, look at the possible patterns or problem areas with the family bloodlines. Below are some of the common areas of generational bondage or sin that may help jog your memory and make a more complete picture of your family line.

Remember to ask the Holy Spirit to reveal His Truth. He may give you an area that is not listed below, but it is essential to put down all areas revealed to you in order to break the patterns of generational sin.

## **Unusual and Violent Deaths or Severe Trauma**

Identify, by name, the people in your family who:

- Committed or attempted suicide
- Murdered or died in tragic ways such as accidents or wars
- Committed an abortion or participated in/sponsored an abortion
- Repeated miscarriages
- Died in a mental institution, nursing home or prison (especially those who felt lonely, unloved and/or abandoned).
- Those who were not given a Christian burial, including committal services or prayer, or were unmourned.
- Those who were unnaturally grieved.
- Untimely deaths
- Severe trauma, with evidence of effects passed on through the family (e.g., drowning, resulting in fear of water in other members, especially descendants)

## **Evidence of Occult or Demonic Activity**

- Superstitions
- Involved in the occult (e.g., witchcraft, astrology, spiritualism or divination).
- Opening one's self to powers of the spiritual realm, such as pre-cognition or other psychic abilities
- Made a blood covenant with Satan or involved in satanic worship
- Involved with a witch or other persons involved in the occult

## **Habitual Patterns of Sin**

Sexual Sins:

- Adultery/fornication
- Prostitution
- Homosexuality/lesbianism
- Incest
- Pornography
- Lust
- Sexual promiscuity
- Sexual perversions
- Sexual addictions

Be sure to list all sexual partners and/or any soul-ties you have with another. This is extremely important. Even if it was not sexual you may be tied spiritually, emotionally or mentally. If you are enjoined to another, you must be cut free from this relationship. Remember that Jesus does not separate us from a person when we have been tied to him or her in ways that are holy and within God's plan and will. He only sets us free from the unholy or destructive part of the relationship. This is an especially important step when you are married or planning to marry. Your marriage bed should only include you, your spouse and God.

Other Habitual Sins:

- Violence
- Abuse (physical, mental, emotional, or spiritual)
- Incest
- Racial prejudice
- Anger
- Religious prejudice
- Murder
- Pride
- Greed
- Materialism
- Arrogance
- Hatred
- Unforgiveness
- Addictions (alcoholism, nicotine, drugs, food, etc.)
- Selfishness
- Judgments

## **Destructive or Abnormal Patterns of Relationships**

- Divorces
- Abuse (emotional, mental, physical or spiritual)
- Hostility
- Control
- Manipulation
- Domination
- Revenge
- Unforgiveness
- Bitterness
- Anger
- Depression
- Labeling of family members as outcast, black sheep, scapegoat or failure

## **Diseases and/or Predispositions to Illness**

Arthritis	Fibromyalgia	Manic Depressive Disorders	Respiratory Trouble
Cancer	Headaches	Mental Retardation	Skin Problems
Diabetes	Heart Trouble	Mental Disturbances	Ulcers
Depression	High Blood Pressure	Nervous Breakdowns	

## **Historical Family Connections**

- Involvement with events of great sin, evil or trauma, (e.g., massacres, plagues, slavery, conquests, etc.)
- Ethnic origin issues; negative traits, cultural evils, oppression, curses, (e.g., European, Asian, African, Native American or Caribbean ancestry, etc.)

## **Religious History**

- List all non-Judeo/Christian religions in the family or ancestral history, (e.g., Islam, Buddhism)

## **In Utero Wounding**

- Child conceived in lust or rape
- Illegitimacy
- Parent considering adoption or abandonment
- Ambivalence or rejection from either parent
- Fears/anxiety, (e.g., mother had difficulty carrying child to term)
- Attempted/failed abortion
- Loss of father
- Life-threatening illness of the mother
- Life-threatening illness of the baby
- Mother had miscarriage(s) or abortion(s) before you were conceived

*Please fill out with black ink*

# Family Tree

